

HEALTH!

SERVICE!

FRIENDSHIP!

YOUTH RED CROSS
MADRAS INSTITUTE OF TECHNOLOGY
ANNA UNIVERSITY
CHENNAI – 600 044



YEAR ACTIVITY REPORT
(2018-2019)



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VISION COMPANIONS

Visually challenged people who need support for their education were given proper guidance to face academic and competitive exams. Reading, writing assignments and recording were done by interested volunteers from 5pm to 7.30pm during weekdays. The activities of the center like vocabulary, aptitude and general knowledge questions also enriches the knowledge of those who volunteer here. Interacting with our visually challenged brothers and knowing their experiences serves as a revelation.

The inauguration of the vision companions for the odd semester took place on 10/07/2018.

The vision companions for the even semester started on 12/12/18 and ended on 29/04/19



HOME VISIT

DATE: 03.02.2019

VENUE: NEW HOPE AND NEWLIFE, PERUMBAKKAM.

Helping one person might not change the whole world, but it could change the world for one person. With that noble motto YRC planned for a home visit. On 3rd February 2019, we visited the *New hope and New life* home. Children greeted us happily with their blooming faces when we reached there. We played with the children for a while.

EVENTS

The home consisted of nearly 134 children. We conducted events for the children by splitting them according to their class. We conducted events like poem writing, drawing and some fun games like balloon bursting, lemon and spoon.



All the children participated in the events enthusiastically. We had memorable time with those children. Along with the kids we enjoyed the games too. The morning session ended by the way.

PRIZE DISTRIBUTION

The children are given first, second and third prizes according to their scores in the respective events. The prize were distributed to the children by our program officer Mr.Aanandh Kumar, office bearers and passed out seniors.



They received their prizes with glad. Common prizes are issued to all the children in the orphanage. Not all of us can do great things. But we can do small things with great love.

CULTURALS

The first year students of our college did cultural to entertain the children. They performed dance, singing. The children thoroughly enjoyed our performance. They also entertained us with their dance and singing talents.

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The time to leave the orphanage has come. We bid them goodbye with the soulful of happiness and with the satisfaction that we have contributed something in those children's life.



BLOOD DONATION CAMP
(MIT BLOODLINE: 9791162108)

BLOOD DONATION

The most important and life saving activities of Youth Red Cross-MIT is BLOOD DONATION. Our organization pays much importance and endurance to this part of activity, which saves human lives. Our mission is to save mankind by lending our support to those who are ill or on the verge of death just due to the cause of blood. Our motto goes this way-“*Udhiram Thandu Uyirai Parisali*”.



A majority of deaths happening daily around the world are mainly due to accidents. Apart from this, during deliveries, blood cancer, and any form of surgeries require enormous units of blood. We all know that BLOOD is of great importance and its necessity is so vital that one's life is fully dependent on it. On those difficult circumstances, we pledge to stand by the sides of the needy patients.

WHAT DO WE DO?

We get emergency calls from blood banks and hospitals like MMC, MIOT, MMM, Hindu Mission, GH-Sanatorium, Porur Ramachandra, Lions Club of Madras, in and around Chennai at any time. Our work first starts with checking the genuineness of the information when we get a blood request message from a number. Once it is confirmed, we check the database of our students for available donors of the required blood group and send them to the place from where we get the request as quick as possible.



No. Of donors sent every month during the year 2018-2019

<i>MONTH</i>	<i>NUMBER OF DONORS</i>
JULY,2018	14
AUGUST,2018	15
SEPTEMBER,2018	10
OCTOBER,2018	10
NOVEMBER AND DECEMBER,2018	14
JANUARY,2019	8
FEBRUARY,2019	16

BLOOD DONATION CAMP

Apart from this regular activity, we organized BLOOD DONATION CAMP, on behalf of YRC-MIT on 18.09.2018 and 14.02.2019 which turned out to be a great success with the participation of donors and volunteers.

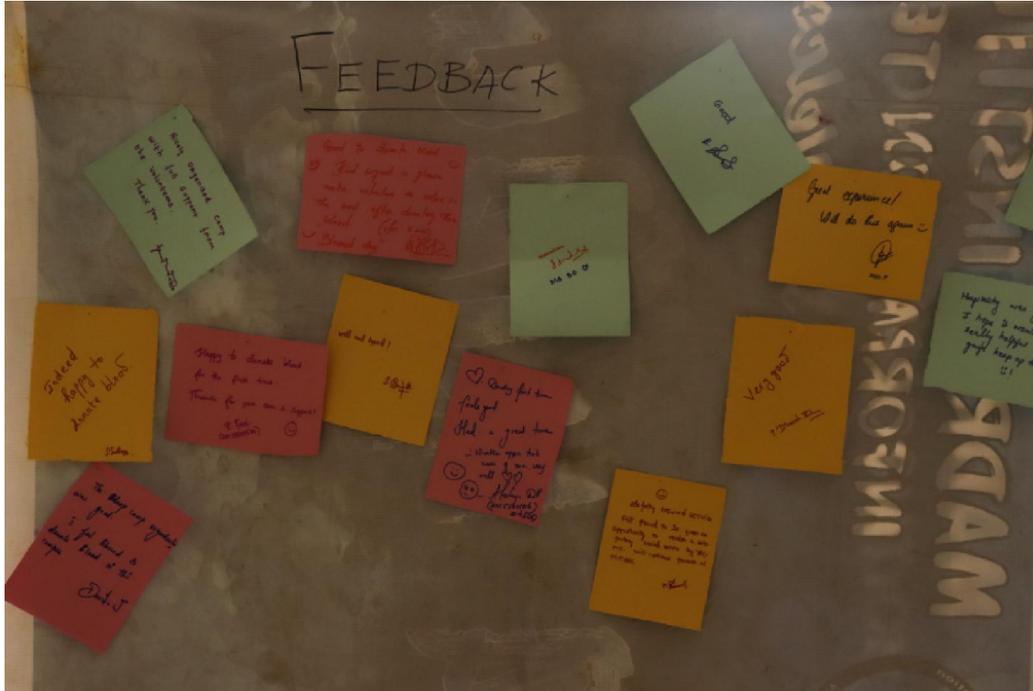
BLOOD DONATION CAMP-1

Blood Donation Camp was conducted on the 18th September 2018 (Tuesday) at Rajam Lecture Hall Complex -Conference Hall, MIT Campus, Chrompet, Chennai-44. The camp was organized by YRC-MIT,Chrompet in collaboration with Government General Hospital, Madras Medical College, Chennai. The Indian Bank, Chrompet Branch joined hands with YRC by sponsoring for this camp.



They encouraged people to donate blood and started the camp with an awareness programme. The process of collecting blood units started sharply at 09:00 AM and lasted till 01.00 PM, during which a sum of 90 units were collected in the bags. Of these 90 units, 83 units were given by students of our college (Boys- 71; Girls-11; Passedout snr-1) and 7 units were given by teaching and nonteaching staffs all were positive blood groups, comprising A+ve, B+ve, AB+ve and O+ve. Rare blood groups (Negative groups) were restricted to donate blood at

the camp, so that they can be used up for emergency situations when we get a direct request from the patient or the hospitals.



BLOOD DONATION CAMP-2

Blood Donation Camp was conducted on the **14th February 2019** at Rajam Lecture Hall Complex -Conference Hall, MIT Campus, Chrompet, Chennai-44. The camp was organized by YRC-MIT, Chrompet in collaboration with **Government General Hospital, Chrompet, Chennai**. The Indian Bank, Chrompet Branch joined hands with YRC by sponsoring for this camp.



Interested students and teaching & non-teaching staff members of our college actively participated in the camp and volunteered to donate a unit of blood. Doctors, nurses and blood bank team from Government General Hospital, Chrompet came directly to our college premises and took after the responsibility of collecting units of blood in blood bags.



The process of collecting blood units started sharply at 09:00 AM and lasted till 01.00 PM, during which a sum of 62 units were collected in the bags. **Of these 62 units, 59 units were given by students of our college (Boys- 55; Girls- 4) and 3 units were given by teaching and nonteaching staffs** all were positive blood groups, comprising A+ve, B+ve, AB+ve and O+ve.



We would continue to improve our service to our society by the support of our active volunteers and by our responsible faculties.

PLANTATION

It is one of the active processes carried out by the volunteers to keep our college environment green and to ensure a very peaceful atmosphere for the students. Every year around 50 plants are planted and maintained by GREEN TEAM of YRC.

The plants are watered regularly and its growth is continuously monitored by the volunteer.



SESSION REPORT

Weekly sessions are conducted to enrich students with knowledge about social activities by arranging a motivational speech every week by an expert in any desired field.

The Youth Red Cross conducts sessions like

- Motivational sessions
- Interactive sessions
- Cleaning sessions

SESSION-1

Date: 29-08-2018

Venue: RLHC-004

In this session, the Programme Officers had given a short description about the theme of YRC and servicing. Then the final year volunteers outlined about the activities carried out by YRC. The first year students were benefited by this session.



SESSION-2

Date : 05-09-2018

Venue : RLHC-004

🌴 Don't wait for someone to bring you flowers and fruits. Plant your own garden and decorate your own soul 🌴

In this session, we had an inspirational speaker, ***Mr. Pavan Kumar from PKR Greens & Consultants***. He explained about the importance and benefits of terrace gardening and Organic seeds. The first year YRC students were inspired.



SESSION 3

Date : 12.09.18

Place : Aero bund, Pebble track ,PT bund, Canteen, library and EI bund.

"Don't call the world dirty because you forget to clean your glasses"

-Aaron Hill

Aiming at a clean and green college ambience the first cleaning session in this academic year 2018-19 was conducted. The first year YRC students cleared plastic litter and other waste actively.

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SESSION 4

Date :19.09.18

Venue :RLHC-004

"We cannot always build the future for our youth, but we can build our youth for the future"

Motivational Speaker Ms.B.A.Ashiq Cidhara, Secretary in Yuva Shakthi organisation presented a wonderful speech about the Youth Power of our country. The first year students were motivated by her speech and they interacted in this session.

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SESSION 5

Date :26.09.2018

Venue :RLHC Conference Hall

"Alert today -Alive tomorrow"

In this session , Mr.G.Gopur, Manager in Maruti Driving School gave a talk about the Procedure to obtain Permanent license, learning license, lessons on road signs and markings to create awareness on road safety among students.



SESSION 6

Date : 12.10.2018(Friday)

Place : Front gate ,Canteen ,Aero Department, Hanger, Pebbles track.

***“Be a part of the solution not part of the
pollution!”***

This week we had a cleaning session to keep our campus clean. The first year YRC students actively involved in it and cleared the trash properly.

SESSION 7

Date : 24.10.2018

Venue: RLHC -002,003,004

An interactive session had been conducted. All first year YRC students eagerly participated in it and they expressed out their beautiful moments and memories, their perception about some current issues of our state.



SESSION 8

Date :31.10.18

Venue:RLHC-004

In this session, we conducted essay writing competition for the first year YRC students suggested by the Central Vigilance Commission, Indian Bank, Chromepet. Due to Vigilance Awareness Week, they gave topics such as Corruption eradication, good governing Practices, Creating awareness on ill effects of corruption.



SESSION 9

Date : 09.11.2018(Friday)

Venue : RLHC-004

"Nothing in all the world is more dangerous than ignorance"

In this session, we had Mrs. Indra, an ICTC counsellor from DAPCU, Kanchipuram. She explained about HIV and made the session interactive by explaining preventive and control measures of AIDS.



SESSION 10

Date: 08.01.2019(Tuesday)

Venue: RLHC-004

“Trees are poems the Earth writes upon the sky”

Its our duty to plant at least a tree during our lifetime. With this, the session had a speaker, Mr.Kapil dev from Live for others organization. He gave a detailed talk about the importance of planting trees.

SESSION 11

Date:23.01.2019

Venue:RLHC-004

In this session our first year YRC students were split up into 8 Project teams and socially relevant works were assigned to each teams.

- | | | |
|------------|---|-------------------------|
| 1. Kuvalai | - | Plastic scrap+Recycling |
| 2. Kurinji | - | Plantation+Maintenance |
| 3. Vetchi | - | Water sampling+vision |
| 4. Kanthal | - | Magazine+Web |
| 5. Semmal | - | MIT database |

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- 6. Aambal - Plantation+ Maintenance
- 7. Anicham - Scholarship+ Maintenance
- 8. Thumbai - Blood database+ Vision

SESSION 12

Date: 30.01.2019

Venue: RLHC-004

“There is no tool for development more effective than the empowerment of women”

This session, we had our beloved senior, Ms.Anusha. She gave a wonderful talk about women empowerment. She shared a lot of things and made this session very interactive.



SESSION 13

Date: 06.02.2019

Venue : RLHC-004

As a citizen of India, everyone should know about the laws of our country. With this, the Session had a speaker Mr.Ranga Prasad from Sattapanchayat Organization.

He gave a detailed talk about the issues in agriculture, education, politics and the approaching ways to solve those problems.

He made this session very interactive and our first year YRC students got knowledge about the basic laws.



SESSION 14

Date: 27.02.19

Venue: PT Bund, Aero Department, Front gate, Canteen.

“Keep your surroundings clean, make the earth green”

The objective of cleaning is not just to clean, but to feel happiness living within that environment. With this, week we had a cleaning session to keep our campus clean. Our first year YRC students actively involved in the work and cleared the plastic wastes properly.



SESSION 15

Date: 06.03.19

Venue : MIT Annexure

“Sports don’t build character, they reveal it”

Sports build good habits, confidence and discipline. In this day, Sports meet was organized in MIT. Our first year YRC students participated in this event and they enjoyed the event.

SESSION 16

Date: 13.03.19

Venue: RLHC-003,004

“Leading and guiding is preceded by assessing the status”

The purpose of assessing is to evaluate whether the project objectives are met and to ensure that the society gets the greatest possible benefit from the project. With this, the session had the first review of their projects given to the first year YRC students. Our seniors reviewed their outcomes .The review went well and they gave their best.



SESSION 17

Date: 20.03.19

Venue: RLHC-004

“Adopting the right attitude can convert a negative stress into positive one”

People these days are stressed out. Many reach a breaking point and sink into depression. With this week we had a stress management and life skills session. The session had speaker **Dr.V.Geetha, Psychologist from Saidapet GH**. She conducted demos for stress relief and took the session interactive. Our first year YRC students enjoyed the session.

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Thus we had 17 successful sessions for the academic year, which helped volunteers to improve their personality and life skills.

YOUTHFEST'19



The Youth Red Cross of MIT spread its wings in doing various activities in the college. One of our great activities is, **The Vision Companions**, which helps the visually challenged people in their academics.

To encourage our brothers and sisters and to extract their hidden talents, **YouthFest** was introduced in 2014. The main aim for organizing the YouthFest is to motivate the visually challenged.

Being successful for four consecutive years, the fifth edition of the fest was planned on March 10, 2019.

INAUGURATION

“Everything that starts well ends well”

In the morning, all the visually challenged people were kindly welcomed by the volunteers. The names of the participants were registered. As a memorable one, they were given a huge banner to mark their signature of arrival. The volunteers provided seats for them. The fest was inaugurated by traditional procedure of lighting the Kuthuvilakku followed by Thamizh Thai Vazhthu.

The function was started by a special speech given by the chief guests Ms.N.Kotravai, social activist and writer and Mr.T.Vijayakumar, Joint Director(Employment). They gave an inspiring speech.

They released the magazine “**olikeetru**”, which comprised the poetry, essay and other art works done by visually challenged friends.



EVENTS

A variety of events were conducted in the morning session. To check their mental power, the participants took part in various brain games conducted by the MIT volunteers. All these games were conducted knowing the self-interest of the contestants. Each participant was taken special care by a volunteer. Then many interesting events like riddles and quiz were conducted to test the knowledge of the participants. They were neatly organized and the each contestant was accompanied by a volunteer which helped them to answer perfectly. They enjoyed the games and events to the core. Then to the amaze of everyone, many contestants eagerly took part in type writing contest. They typed and made everyone wonder by their type-writing skills. This time we conducted a new event called “**The Pride of YouthFest**”, which was the title event and comprised three levels.

The title “**The pride of YouthFest**” was won by **Mr.S.P.Jeevanandham**, a student from Pondicherry university.

After the events the participants were taken to the dining area, and were provided with the **lunch**. That was tasty meal actually!

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CULTURALS

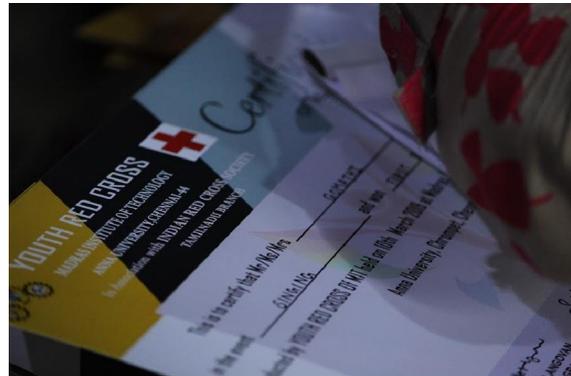
The afternoon session, fully concentrated on the cultural. Events like singing, dancing, playing musical instruments (drums), villupattu, mimicry were conducted and participants enjoyed it thoroughly.



PRIZES AND COMMON GIFTS

After the cultural, the winners for the various events were honored with prizes. A certificate of winning and a headset was given, to winners; a certificate and a leather file folder were given to first runner up; a certificate and a water bottle were given to second runner up.

As a token of appreciation, a certificate of participation along with a cover file, which consisted of a 192 pages note book, a pen kit, a pen and a pendrive of 16GB memory were given to everyone who participated in the event.



YOUTHFEST AWARDS and AWARD OF HONOURS

The most interesting part of the YouthFest is the YouthFest awards, which is given to honour the visually challenged achievers, who achieves inspite of their hardships. This time the YouthFest awards were given to Ms.Jyothi, a playback singer and Mrs.Suguna, a teacher who faced a lot of hurdles and now pursuing Ph.D.

In order to appreciate the service and dedication to help the visually challenged, we introduced the Award of Honours, this year. This award was given to Mr.Barath, head of Lit the Light organization and Mr.Govindarajan, teacher who is working in blind school for more than 15 years.

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VALEDICTION

In the evening, the participants were given juice and samosa. Soon the YouthFest came to an end and the volunteers and the visually challenged people bid bye for each other. Hope they must have regained their confidence to start another fresh day. Their hearts will be waiting for the next YouthFest!

SPECIAL THANKS TO THE SPONSORS

Title sponsors:

- Indian Red Cross society, Egmore
- LIC

We also extend our sincere gratitude to:

- That's my child foundation
- Abe's gift shop

- Mani audio works

We thank the **staff members** of each department, who continuously support us and all the seniors who constantly guide and support us.

Without the support of all the sponsors, staff and seniors, this event would have not been a grand success.

“Living is easy with eyes closed”

The YouthFest made everyone to realize that we are very much blessed as we have everything. But **they are no lesser than us which means they are more talented than us**. It also made us to realize that they are in need of love, care and friendship but not sympathy, the only thing we usually do for them. The “YouthFest” conducted by the YRC is one of the heart touching and memorable events.

With the great support of our programme officers and the sponsors, with the right guidance of our seniors and with the constant and tireless work of the MIT volunteers, the fest attained a huge success. We oblige to thank all the volunteers of MIT and the people who made this event colourful with their smile and laughter.